**HOST CITY SPORTS REQUIREMENTS (HCSR)**

**GENERAL:**

**Organise a meeting between ICG TC members and the referees to be used in all sports, or the Head Referee in every sport, on the evening of arrivals day.**

**Organise a meeting on the morning of practice day, between ICG TC members and the local Tournament Directors, followed by a general meeting between ICG TC members and all coaches, followed by a group of individual sports specific meetings between ICG TC members and sports specific coaches.**

**Forms for the Fair Play Award require to be made available at these meetings, for coaches.**

**A Fair Play Award/Trophy requires to be made available and the actual Award ceremony slotted into the Closing Ceremony.**

**Organise a meeting just prior to the Closing Ceremony, between the ICG TC members and the local Tournament Directors to discuss the Final Report.**

**Appropriate first aid stations/areas, changing facilities and WCs must be made available, particular to each sport, although this may be mentioned under each sport’s HCSR.**

**Mobile phones for Technical Commission members should be made available in case of emergency, in case of clarification being required, or in case there is a need to form a Protest Committee.**

**A car with a driver should also be made available to deliver members of a Protest Committee to the appropriate venue at short notice.**

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| **FOOTBALL** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | Maximum - 20 Teams but ideally 16 teamsEach Team to have a Maximum of 8 players and a minimum of 6 players |
| **Competition Format** | Each game to consist of 2 x 20 min halvesQuarter-finals, semi-finals and finals to be led by 2 referees As rolling substitutions are allowed, they need to beControlled by another referee/official who will also act as a Timekeeper for the game and any time penalties issued. |
| **Number of Coaches** | 1 plus an assistant |
| **Referees:** | according to rules of FIFA |
| **Sports Equipment:** | A size 5 football to be used |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Outdoor |
| **Competition Areas** | Maximum 3 (Minimum 2) full size football pitches split into 6 x 6-a-side areas (50-55m by 40-45m)Size of goals; 4.8-6m x 1.9-2m |
| **Warm-Up Areas** | Side of Pitches to serve as Warm-Up Areas |
| **Officials Area** | 2 Tables and 6 Chairs for each of the pitches1 Table for Recorder and Announcers |
| **Spectators Area** | Preferably seating area for 500 spectators |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |

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| **GOLF** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | 36 (total of boys and girls)No Team Competition |
| **Competition Format** | The competition is a stroke play competition with no handicaps being used – everyone off scratch.Practice area and practice putting green required.2 hours of tee times available on each of the 3 days (1 practice and 2 competition days)Registration area required.Official starter on the 1st tee. If there are enough available, a rules official with each group or a minimum of 3 rules officials covering 6 holes each. A form of communication to be made available if this minimum number is in place.On competition day 2, the highest scorers from day 1 start first, with the leaders going out last.Official scorers required in the clubhouse to check score-cards at the end of every round.A Leaderboard completed by the morning of competition day 2 (the final round) and on show in the clubhouse |
| **Number of Coaches** | 1 coach (who cannot communicate or make contact with the golfer during the round) |
| **Referees:** | according to the rules of the IGF |
| **Special Sports Equipment:** | electronic time recording, Call room, Podium  |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Outdoor, 18 Holes |
| **Officials Area** | 3 Tables, 20 Chairs |
| **Spectators Area** | NA |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |

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| **GYMNASTICS** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | Max 100 (boys and girls) |
| **Competition Format** | Sport Disciplines (Boys) : Floor Exercises, Pommel Horse, Rings, Vault, Parallel Bars, Horizontal BarSport Disciplines (Girls) : Floor Exercises, Uneven Bars, Vault, Beam |
| **Number of Coaches** | One for each team per gender |
| **Referees:** | according to rules of FIG |
| **Special Sports Equipment:** | Scoring system – Displaying Boards, Audio system – Microphone, Podium  |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Indoor  |
| **Competition Areas** | Includes Floor Exercises, Pommel Horse, Rings, Vault, Parallel Bars, Horizontal Bar, Uneven Bars, Beam. |
| **Warm-Up Areas** | Warm-Up Pool – 25m length by 15m Wide. At least 6 Lanes. |
| **Officials Area** | 10 tables, 20 chairs |
| **Spectators Area** | Minimum 400 Seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |

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| **JUDO** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | 1 competitor per weight category |
| **Number of Coaches** | 1 official coach per gender |
| **Referees:** | Minimum 8 |
| **Special Sports Equipment:** | 2 electronic scoring systems , 2 Official video recording, Podium  |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Indoor  |
| **Competition Areas** | 2 tatami. |
| **Warm-Up Areas** | min. 40 square meters |
| **Officials Area** | 5 tables, 10 chairs |
| **Spectators Area** | Minimum 300 seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)Microphone, First Aid Area |

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| **SWIMMING** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | Each City may register a maximum of 4 boys and 4 girls (8) andMinimum of 2 boys and 2 girls (4).Each swimmer may compete in 4 events plus 2 relays. Each swimmer is to submit personal best performance times for each event during registration process.A maximum of 2 swimmers from each city are allowed to participate in each event.The following events should be organized:- 50m, 100m, 200m, 400m Freestyle- 50m, 100m, 200m Backstroke- 50m, 100m, 200m Breaststroke- 50m, 100m, 200m Butterfly- 200m Individual Medley- 4x100m Freestyle Relay- 4x100m Medley Relay- 4x100m Mixed Freestyle Relay (2 Boys and 2 Girls)- 4x100m Mixed Medley Relay (2 Boys and 2 Girls) |
| **Number of Coaches** | 1 |
| **Referees:** | according to rules of FINA |
| **Special Sports Equipment:** | Electronic Time Recording, Touch Pads, Podium, Electronic Lane Display Scoreboard. |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Indoor or Outdoor |
| **Competition Areas** | Competition Pool – 50 m length by 25m Width8 Lanes with Starting Blocks. Each Lane will be 2.5m wide with additional0.2m width outside Lanes 1 and 8Lane Ropes secured by anchor brackets at each wallDeck space is required behind each end for officials and athletes. This includes turn judges and timers, 4-6 athletes per lane.Deck surfaces should be non-slip Minimum water depth of 1.35m minimumWater Temperature 25-28 C |
| **Warm-Up Areas** | Warm-Up Pool – 25m length by 15m Wide. At least 6 Lanes. |
| **Officials Area** | 20 Chairs for Officials on either side of the Pool20 Chairs for other Officials and Recorders6 Tables for Recorders, Announcers |
| **Spectators Area** | Minimum 500 Seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female Swimmers)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |

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| **TABLE TENNIS** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | Maximum 64 Players in the competition (32 Boys and 32 Girls)Each City may send a maximum of 2 boys and 2 girls (4) and a minimum of 1 boy and 1 girl (2) |
| **Competition Format** | Players will be divided into 8 Groups. All matches will be played in the best 3 out of 5 games. Games will be scored on the 11 point format. |
| **Number of Coaches** | 1 |
| **Referees:** | According to ITTF rules. From semi-finals onwards, there will be an umpire and an assistant umpire presiding over the match. |
| **Special Sports Equipment:** | Score flip chats for all tables, PodiumOrange 40mm tournament-quality balls (Butterly G40+3\*\*\*) |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Indoor  |
| **Competition Areas** | 8 Tournament-quality tables (2.74m x 1.525m), height 76cmNets (1.83m long, 15.2cm height)Enough Top-quality surrounds to meet the RIC court dimensions – 9m x 5m space for each table.Lighting – At least 500 lux, 3m above the floorFlooring – non-slip, preferably wooden semi-sprung flooring. Flooring to provide good contrast between surface and surrounding areas. Walls – preferably non-reflective and painted with a dark colour up to a height of at least 2.5m. Windows need to be covered up.Barriers between tables to be collapsible and 1.5m long and 75cm high.Players shall only glue or re-glue their bats in an outdoor designated area for the purpose.  |
| **Warm-Up Areas** | NA |
| **Officials Area** | 3 tables, 6 chairs Score keepers and Referees to be given appropriate seating at each of the tables |
| **Spectators Area** | Minimum 400 Seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |
| **TAEKWONDO** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | * Boys16 –individual tournament by weight and age
* Each team will have Minimum of 1 boy and 1 girl, and

 maximum of 5 boys and 5 girls.* Girls 16- individual tournament by weight and age
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| **Number of Coaches** | 2 – each competition area 2 coaches |
| **Referees:** | Competitions are run in accordance with WTF rules. |
| **Special Sports Equipment:** | Participants are responsible for supplying their own equipment except head gear and body protector (electronic) Rule of WTF (world taekwondo Federation).Release of results (electronic monitor). |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Indoor |
| **Competition Areas** | Taekwondo stadium3 court- each 8x8 meter |
| **Warm-Up Areas** | Sport hall Arena |
| **Officials Area** | Designated areas to be identified |
| **Spectators Area** | min 300 seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |

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| **TRACK AND FIELD** |

**SPORTS REQUIREMENTS**

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| **Sport Participant Numbers** | Each city may register a maximum number of 8 girls and 8 boys and a minimum of 2 girls and 2 boys. Maximum 2 athletes of each team are allowed to participated in one events.Each athlete may compete in 2 events plus the RELAY.  |
| **Number of Coaches** | 2 (1 for each boy’s team, 1 for each girl’s team). |
| **Referees:** | according to the rules of the IAAF |
| **Special Sports Equipment:** | electronic time recording, Call room, Podium  |

**VENUE REQUIREMENTS**

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| **Type of Venue:** | Outdoor |
| **Competition Areas** | The Stadium should have 8 lanes international standard 400 meters,2 Long Jump sector, 2 Height Jump sector, 2 Shot Put sector |
| **Warm-Up Areas** | Max – 3-6 lanes international standard 400 meter,Min - 3-6 lanes in a straight 100m or 30m x 80m area (grass)  |
| **Officials Area** | fully electronic photo finish system, electronic scoreboard displaying performance for running events, measuring system (tape) high jump, long jump, shot put, wind gauge for running events (connected automatically with photo finish system), 2 manual wind gauge systems for long jump, Podium (big enough to accommodate relay teams),bib numbers , hip numbers, 8 starting blocks, 8 relay baton, measuring system (tape) high jump, long jump, javelin throw, shot put, 10 shots (5 kg), 10 shot (3 kg) ,all other necessary athletics equipment for each discipline |
| **Spectators Area** | Minimum 1000 Seats |
| **Facilities** | Changing Room (minimum 2 for Male and Female Athletes)WC (minimum 2 for each of the Male and Female Toilets)First Aid Area |